Mountain Weather Forecast

South Grampian and Southeast Highlands

Including South and East Cairngorms National Park, Aberdeenshire and Angus Hills, Ben Vrackie, Ben Lawers, Loch Tay and Ochils
Forecast valid from 06:00 on Monday 08 May 2023 until 23:59 on Tuesday 09 May 2023

Forecast Issued on Monday 08 May 2023 at 02:14 by Met Office Aberdeen

Confidence: High confidence for rain at first followed by an unsettled week with showers at times, some heavy and thundery. Lower confidence for shower detail.

Headline for Monday 08 May 2023: Cloudy with rain becoming drier and brighter from the afternoon.

Mountain weather hazards on Monday 08 May 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
High Likelihood

Severe chill effect
Low Likelihood

Poor visibility
Medium Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Heavy Rain	Heavy Rain	Fog	Sunny intervals	Sunny intervals	Cloudy
Precipitation probability					
20%	80%	30%	20%	20%	10%

Forecast for Monday 08 May 2023

Weather: Mainly dry with clear periods across northern ranges as cloud thickens and rain, heavy at times, spreads east across southern ranges overnight. This rain clears northeast through the morning with the afternoon becoming brighter and mostly dry with an occasional shower.

Chance of cloud-free hill tops above 800m: 30% increasing 60% in the afternoon with the best of any brightness across northern ranges.

Low Cloud and visibility: Moderate visibility will become poor to very poor at times in hill fog and extensive cloud to 400-600m at first. The cloud breaks while lifting to 700-900m during the afternoon. The visibility will fall to moderate in any showers.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
© Crown Copyright 2023. All Rights Reserved.

Mountain Weather Forecast

Forecast for Monday 08 May 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1100	45/53 S	23/32 S	17/22 S	18/24 SW	16/21 SW	12/16 SW	12/17 SW
900	31/39 S	20/29 S	15/21 S	15/21 SW	13/18 SW	9/14 SW	9/13 SW
600	19/34 S	17/29 S	7/13 S	10/17 SW	9/16 SW	8/14 SW	7/13 SW
300	5/14 SE	4/9 SE	5/13 W	7/14 SW	6/12 SW	3/9 W	4/9 W
Glen	5/15 SW	5/13 SW	8/16 SW	8/14 SW	5/11 SW	4/9 W	4/8 W

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1100	5/-2	5/0	7/4	7/3	7/4	6/2	5/1
900	7/1	7/3	9/6	9/6	9/7	7/5	6/4
600	8/4	9/5	10/9	12/10	12/10	10/8	8/7
300	10/8	10/10	12/11	15/14	15/14	11/10	10/9
Glen	10/10	11/10	12/11	16/14	15/15	11/11	10/9
Freezing Level*	2600m	2400m	2400m	2200m	2200m	2100m	2100m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
The morning will feel cold at height in gale force southerly winds, these decreasing from the afternoon.

Forecast for Tuesday 09 May 2023
Weather: Early showers, some heavy, clear northeast towards dawn leaving the morning mostly dry with sunny periods. Showers build for a time from the afternoon.

Maximum wind: Northwest 10-15mph

Chance of cloud-free hill tops above 800m: 60%

Low Cloud and visibility: The visibility will be good with patchy cloud at 1000-1200m, lowering 800m in showers.

Temperature: **Glens:** Plus 7 Celsius to 12 Celsius.
At 800m: Plus 9 Celsius.
Freezing level: Above summits.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
© Crown Copyright 2023. All Rights Reserved.